



YOUNG ADULT - LIFE COACHING

Are you looking for support to ...

- Achieve personal & academic goals
- Focus on the future & not the past
- Become your best self
- Reach goals you thought impossible
- Explore what is hold you back
- Get life structure, guidance & encouragement

Are you aged between 12 – 19 yrs. & a resident within Dubai Marina


UK qualified teacher with 20+yrs. experience within the UK & UAE.

Improve your life skills & confidence in a variety of topics such as ...

- time management • revision and exam support • career guidance
- dealing with procrastination • study-life balance • C21st Skills
- growth mindset • developing GRIT and resilience
- confidence building • stress management • academic support

Looking forward to hearing from you soon.

Rachael

 @notjustmakingthetea

- ✓ UK/CPD Certified
- ✓ Affordable rates
- ✓ 1 hr. – 1.5hr sessions
- ✓ Saturday - Thursday
- ✓ One to One / Group sessions
- ✓ Age 12 - 19
- ✓ No long term contracts
- ✓ 5 / 8 / 10 session packages
- ✓ Variety of topics discussed



Education Yalla

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